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APPLICANT: LOVERCHECK

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TITLE: UNIT DOSE OF MATERIAL IN SYSTEM AND METHOD

The Commissioner of Patents and Trademarks
Washington, D.C. 20231

AMENDMENT

In the claims

Please cancel non-elected claims 16-20.

Please add claims 21-25 as follows:

--21. A system for providing discomfort reliever and nutritional supplement, comprising:

a unit dose of an orally consumable material comprising a predetermined amount of discomfort reliever and a predetermined amount of nutritional supplement, and

an indicator, said indicator indicating that consumption of said material provides relief for at least one discomfort and supplement for nutrition.

22. The system of claim 21 wherein said discomfort is selected from the group consisting of pain, upper respiratory allergy, and cold.

23. The system of claim 21 wherein said material consists essentially of said discomfort reliever and said nutritional supplement, and said nutritional supplement comprises at least four vitamins and at least four minerals.

24. The system of claim 21 wherein said nutritional supplement is selected from the group consisting of vitamin and mineral, and said discomfort reliever is selected from the group consisting of ibuprofen, naproxen, caffeine and acetaminophen.

25. The system of claim 21 wherein said orally consumable material is enclosed in a container having an indicator with indications for consuming said material for pain relief, and for supplementing nutrition. --

Respectfully submitted,

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